WC Division of Aging & Disability Services 1-877-222-3737 908-475-6591





Warren County Community Senior Center Lunch Menu

J00- 4 /J-0JJ1					
	Monday	Tuesday	Wednesday	Thursday	Friday
Centers Locations		1	2	3	4
Phillipsburg Senior Center 310 Firth Street Phillipsburg, NJ (908) 859-2423	AUTUMN	Stuffed Shells w/ EXTRA Sauce Sausage Italian Vegetable Blend Lettuce & Tomato Salad w/ Dressing Whole Wheat Dinner Roll Stone Fruit	Chicken Rice Soup Crab Cakes w/ Tartar Sauce Potato Wedges Spinach Pumpernickel Slice Low Fat Fruited Yogurt	Apple Juice Creamy Tomato Soup Sesame Chicken Meatballs Jasmine Rice Asian Vegetable Blend WW Dinner Roll Mandarin Orange Cup	Pulled Pork Seasoned Black Beans & Rice Cubed Butternut Squash Pineapple Cole Slaw Flour Tortilla (X1) Vanilla Ice Cream (Congregate) SUGAR FREE Gelatin Cup (HDM)
	7	8	9	10	11
Faith Discovery Church 33 Brass Castle Rd Washington, NJ 908-689-0650	Creamy Sweet Potato Soup Cheese Lasagna w/ EXTRA Sauce Meatball Sugar Snap Peas Italian Slice Cooked Pears	Balsamic Chicken Thigh w/ Sun-dried Tomatoes & Capers Seasoned Red Roasted Potatoes Broccoli Florets Mixed Greens w/ Vinaigrette Whole Wheat Dinner Roll Fresh Pear	Chicken Noodle Soup Meat Loaf w/ EXTRA Gravy Mashed Potatoes Succotash Dinner Roll Chocolate Ice Cream (Congregate) SUGAR FREE Gelatin Cup (HDM)	Cream of Broccoli Soup Corned Beef & Cabbage Glazed Carrots Roasted Red Potatoes Applesauce Cup Rye Slice Fresh Stone Fruit	Cran-Apple Juice Egg Salad Mixed Legume Salad Vinaigrette Health Salad Rye Slices (X2) Fruited Yogurt
	ALL SITES CLOSED TODAY 14	15	16	17	18
Hackettstown Senior Center 293 Main Street Hackettstown, NJ 908-850-5438	HAPPY COLUMBIN Day	Orange Juice Roast Chicken w/ EXTRA Gravy Risotto Peas w/ Red Peppers Three Bean Salad Dinner Roll SUGAR FREE Gelatin Cup	Minestrone Soup Sausage Link Pierogis w/ Sour Cream Sauerkraut Beets Rye Slice Cookie	Beef Barley Soup Stuffed Pepper Garlic Mashed Potatoes Succotash Whole Wheat Dinner Roll Vanilla Ice Cream (Congregate) Fruit Cup (HDM)	Turkey Sausage Patty ½ Moon Cheese Omelet Baked Beans Tropical Fruit Cup Bran Muffin Pudding Cup
	21	22	23	24	25
Knowlton Lions Den 505 Route 94 Columbia, NJ 908-496-4001	Tomato Rice Soup Roast Turkey w/ EXTRA Gravy Corn Bread Stuffing Cauliflower Au Gratin Cranberry Sauce Dinner Roll Chocolate Ice Cream (Congregate) Gelatin Cup (HDM)	Hamburger w/ LTO, Pickle, Ketchup Baked Beans Green Beans Almandine Potato Salad Hamburger Roll Sun Chips	Navy Bean Soup Jerk Chicken Macaroni & Cheese Mixed Peas, Carrots, Corn Corn Muffin Orange	Lentil Soup Eggplant Parmesan Meatball Spinach Italian Slice Fresh Pear	Pineapple Juice Chicken Scampi Brown Rice w/ Scampi Sauce California Blend Vegetables Mixed Greens Vinaigrette Dinner Roll Granola Bar
	28	29	30	31	
	Squash Soup Pork Chop Scalloped Potatoes Red Cabbage w/ Apples Corn Muffin Pudding Cup	Cranberry juice Chef Salad w/ Diced Turkey, Egg, Cheese, Chickpeas, Tomatoes, Onions, Shredded Carrots, Large Dressing Packet Macaroni Salad Dinner Roll Fresh Stone Fruit	Broccoli Cheese Soup Italian Sausage w/ Peppers & Onions Italian Sliced Potatoes w/ Sauce Italian Green Beans Hoagie Roll Tropical Fruit Cup	Chicken Rice Soup Potato Crusted Fish Macaroni & Cheese Stewed Tomatoes Raisin Bread Slice Birthday Cake (Congregate) Fresh Fruit (HDM)	Happy Laboureen



Grab & GO HOT meals are available for pick up
Please call 24 hours in advance to make your reservation.

Suggested donation

Age 60+ - \$3.00 Under Age 60 -\$7.10 Fee

MENU SUBJECT TO CHANGE

PLEASE
REMEMBER TO
REDEEM YOUR
FARMER MARKET
BENEFITS BEFORE
NOVEMBER 30TH